

# SURVIVAL GUIDE

BEST Course in Summer 2024  
"Paper to Power: Michael Scott's Guide  
to Effective Leadership"



**Turkey, officially the Republic of Turkey; is a parliamentary republic in Eurasia, largely located in Western Asia, with the smaller portion of Eastern Thrace in Southeast Europe. Turkey is bordered by eight countries: Syria and Iraq to the south; Iran, Armenia, and the Azerbaijani exclave of Nakhchivan to the east; Georgia to the northeast; Bulgaria to the northwest; and Greece to the west. Cosmopolitan Istanbul, on the Bosphorus Strait, is home to the iconic Hagia Sophia, with its soaring dome and Christian mosaics, the massive 17th-century Blue Mosque, and the circa-1460 Topkapi Palace, former home of sultans. Ankara is Turkey's modern capital.**




# Population

**The current population of Turkey is 85,279,553 as of 2023, based on the latest, Turkish Statistical Institute census. Turkey's population is equivalent to 1.1% of the total world population.**



# Language

**Though there are other languages in the Turkic language family, Turkish is the most widely spoken of all of them. There are over 60 million native speakers of Turkish, with some speakers living in neighboring countries or even further away. Turkish has a few unique characteristics, like its vowel harmony and the strong presence of agglutination. Speaking of Turkish this much, hopefully, you're not afraid that you'll be hearing Turkish all the time. You will have the opportunity to take Turkish classes if you want; nonetheless, most of the Turks and our organizers speak English well so you don't need to worry about communication.**





# Interesting Facts About Istanbul



**1-Istanbul, Turkish Istanbul, formerly Constantinople, ancient Byzantium, largest city and principal seaport of Turkey.**

**2-It was the capital of the three major empires: Eastern Roman Empire, Byzantine Empire, and Ottoman Empire during their rule. 3-Istanbul is one of the biggest cities in the world, with around 15.5 million population, which is more than 177 countries around the world.**

**4-Istanbul was the most crowded city in the world in 1502, then London took this title in 1840.**

**5-Istanbul is the only city in the world that is both in Europe and Asia geographically.**

**6-Grand Bazaar is the biggest old-covered bazaar in the world, with over 3,000 shops.**





# Turkish Cuisine

**BAKLAVA:**  
The most well-known sweets associated with Turkish Cuisine are "lokum" (Turkish delight), and "baklava", giving the impression that these may be the typical desserts eaten after meals.



**SARMA & DOLMA:**  
Stuffed vegetables or rolled leaves with rice or meat  
Stuffings.



**TURKISH COFFEE:**  
Volumes have been written about Turkish coffee; its history, its significance in social life, and the ambiance of the ubiquitous coffee in houses! You should try it when you come.



**MEZE:**  
Mostly cold served, olive oil based appetizers.



An illustration featuring a stylized Turkish Lira banknote with a large yellow circle in the center, set against a light blue background. Above the banknote is a purple star with multiple points. The entire graphic is enclosed in a yellow oval shape.

# Currency

**We use Turkish Lira in Turkey. Credit cards are also widely used.**

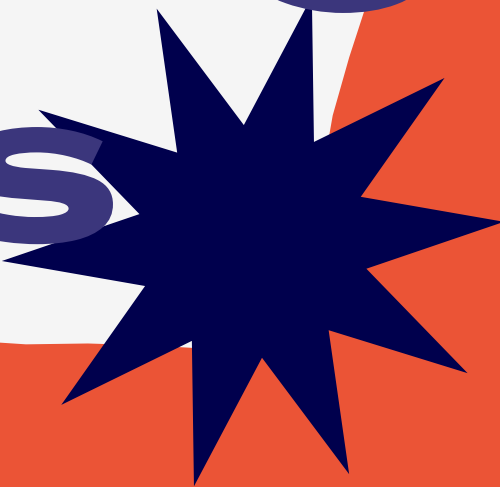
**1 EUR = 32,84 TRY currently (you know the situation)  
Please don't forget to check the current rates before coming here (just in case).**

The word "Visa" is written in a white, sans-serif font inside a teal, rounded rectangular shape. The shape is decorated with a yellow outline and a purple starburst on the right side. Above the shape, there are decorative lines in teal and yellow.

**Most of the EU citizens do not need visa for traveling to Turkey, yet please check your country's status from the link below and if you need visa or invitation letter, please inform us so that we can help you!**

**<http://www.mfa.gov.tr/visa-information-for-foreigners.en.mfa>**

# Emergency Numbers

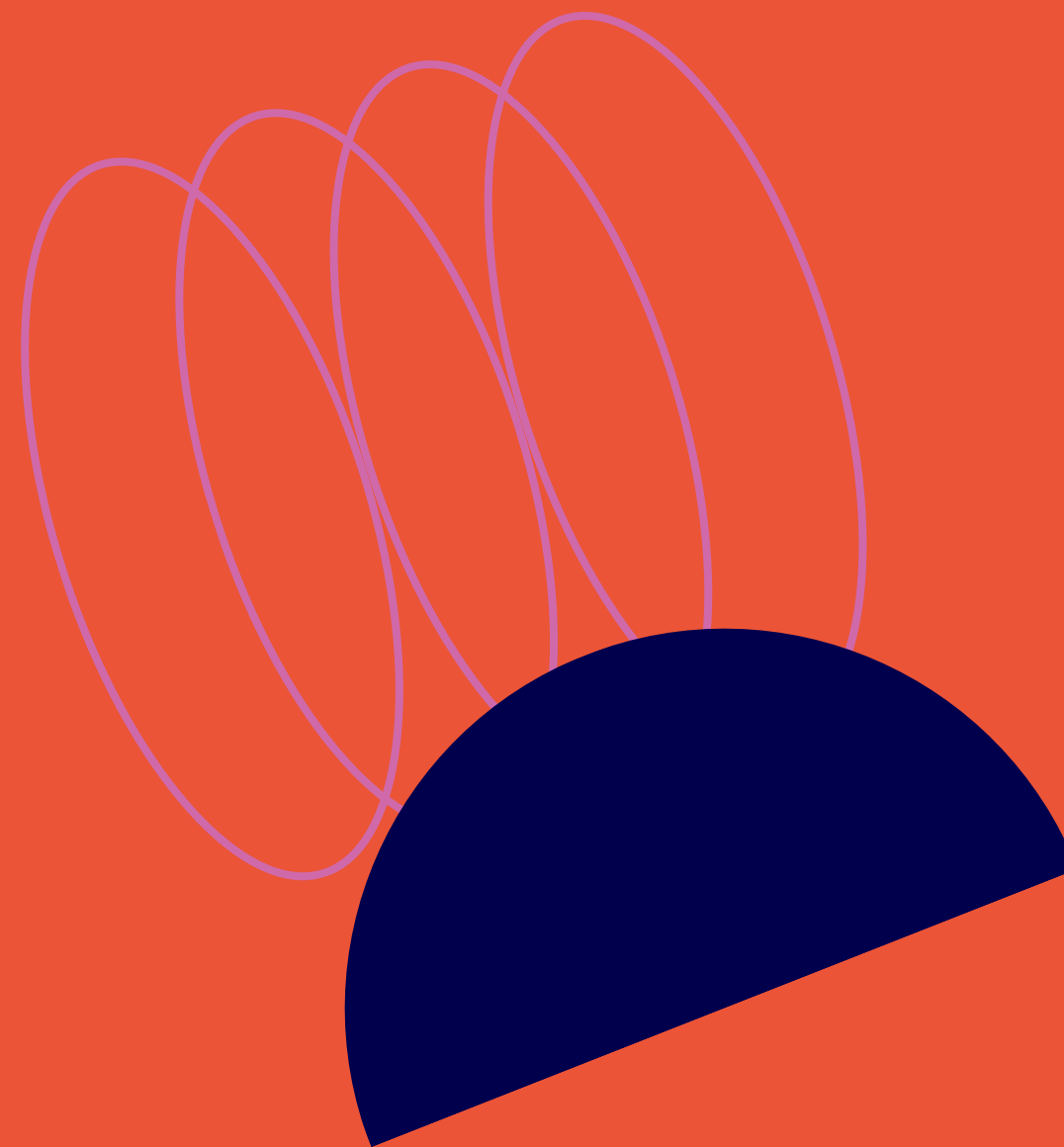


**+90**  
**GMT CODE**

**155**  
**POLICE**

**112**  
**AMBULANCE &**  
**FIRE BRIGADE**

**158**  
**COAST GUARD**  
**IF YOU NEED HELP AFTER**  
**YOU JUMPED OFF THE**  
**FERRY**

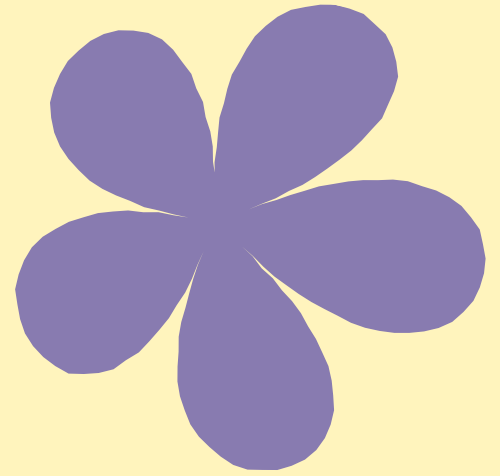




# Transportation Options To Istanbul

## BY PLANE

There are 2 airports  
in Istanbul



## 1) Istanbul Airport

(on the European Side)

The main airport is Istanbul Airport (IST), which is located on the European Side of the city, 40 km away from the city center(Taksim). From İstanbul Airport, HAVAIST Shuttles are available for reaching Taksim. You can check the timetable from the link below:

<http://www.hava.ist/en/> Price for the HAVAIST is between 70 and 215 Turkish Liras.

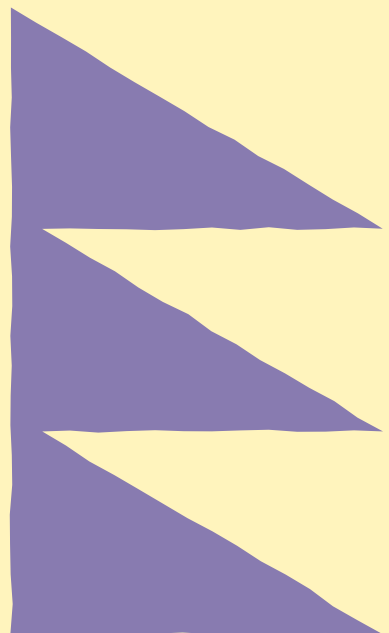
## 2) Sabiha Gökçen Airport

(on the Asian Side)

The second airport is Sabiha Gökçen Airport (SAW) which is rather smaller compared to İstanbul Airport, located on the Asian side of the city and 55 km away from Taksim.

From Sabiha Gökçen Airport, HAVABUS Shuttles are available to reach Taksim. You can check the timetable from the link below:

<http://www.havabus.com/> Price for the HAVABUS is 121 Turkish Liras.



# Transportation Options To Istanbul



## BY BUS

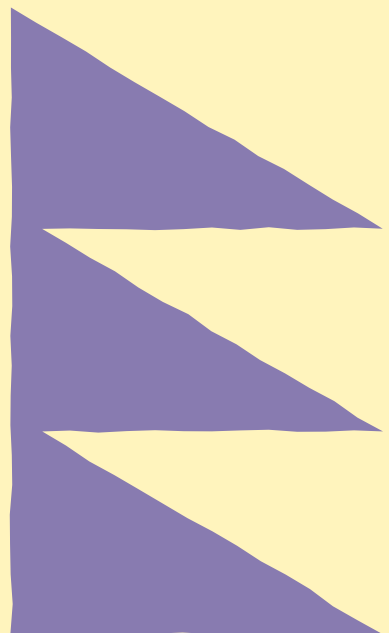
The central bus station is located on the European side of the city, 9 km away from center.

If you arrive by bus you can take the metro to Taksim.

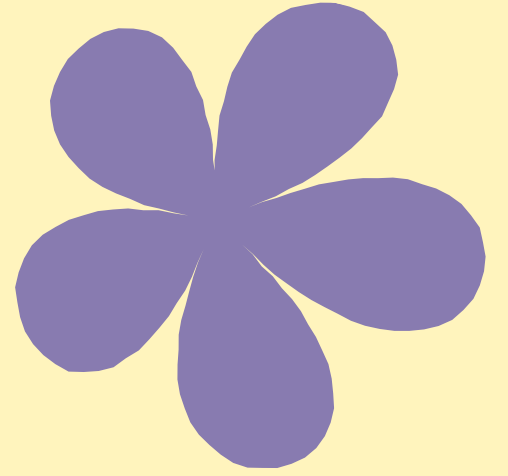
You need to take the M1A or M1B Metro Line (Yenikapı Direction) and take off at the Yenikapı Station.

After that, you need to take the M2 Metro Line (Haciosman Direction) and take off at the Taksim Station.

**\*YOU NEED AN ISTANBUL KART IN ORDER TO TAKE THE METRO, THERE IS AN EXPLANATION ON THE FOLLOWING PAGES.**



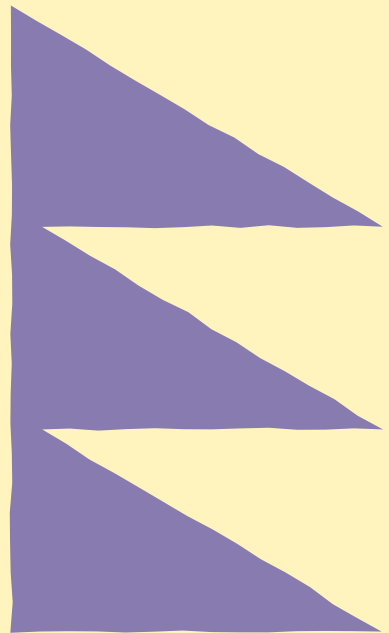
# Transportation Options To Istanbul



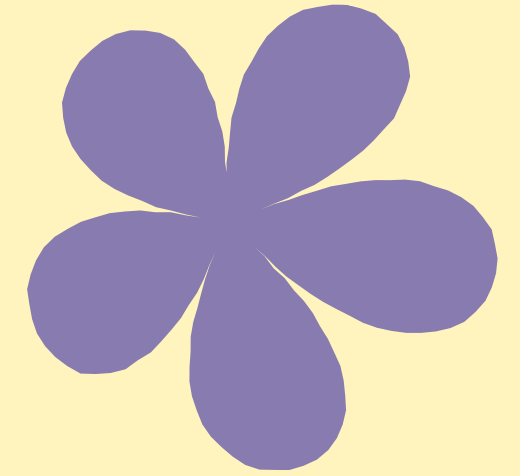
## BY TRAIN

The train connection between Turkey and European countries is provided mutually with the Bosphorus Express serving between Istanbul - Bucharest – Istanbul everyday. Connections between Sofia-Istanbul and Belgrade-Istanbul are provided with the wagons hitched onto the Bosphorus Express train. You can visit the web-page of the state railways for the schedules and prices:

<http://www.tcddtasimacilik.gov.tr/trenler/Uluslararası>

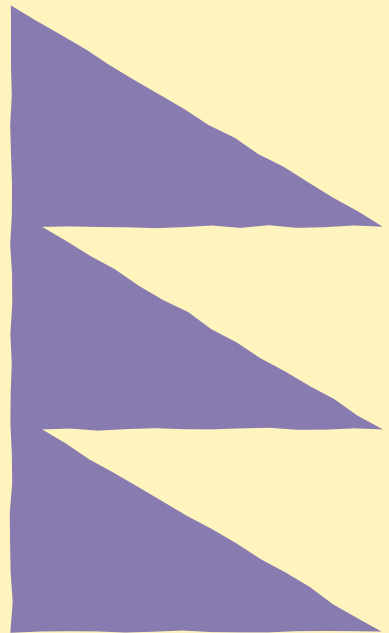


# Transportation Options To Istanbul



## ON FOOT

If you plan to arrive on foot, it will approximately take 404 hours from the geographical center of the European continent to the Taksim :)



# How To Get Istanbul Kart?

1. Any yellow vending machine that can be found anywhere in the Metro, Marmaray, Buses, and Ferry boat stations.
2. Just go to the machine, choose the language you would like to make your operation with, put the money in a place that is near the, put the amount you want to charge the card with (do not put 50-100 Turkish liras to machine because it is not giving back the cash, prefer 10-20 Turkish liras) and confirm your purchase. After the confirmation, you will automatically receive your card on a down bar.

## Another Option:

An actual shop or a kiosk located in the majority of the public buses' stops in the streets.



# Weather

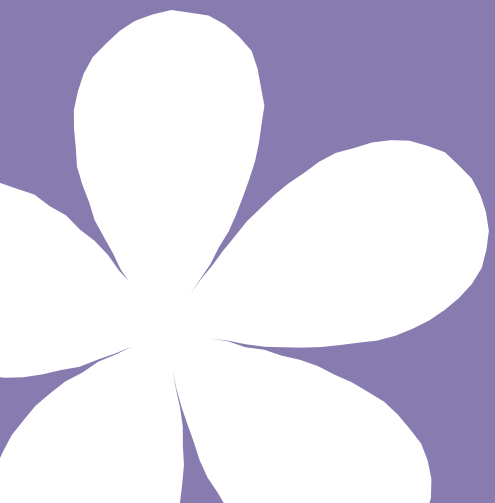
YOU CAN FIND DETAILED INFORMATION HERE:

[HTTPS://WWW.ACCUWEATHER.COM/EN/TR/  
İSTANBUL/318251/JULY-WEATHER/318251?YEAR=2024](https://www.accuweather.com/en/tr/istanbul/318251/july-weather/318251?year=2024)



# Some Turkish Phrases

Basic Turkish Phrases		
English	Turkish [Phonetics]	Turkish [Actuals]
Good Morning	Gunaiden	Günaydın
Good Evening	ee akshamlar	İyi akşamlar
Good Night	ee geceler	İyi geceler
Hello	salam	Selam
Welcome	Horsh geldinesh	Hoş geldiniz
Welcome [Reply]	Horsh Balduk	Hoş bulduk.
Good Bye	Horsh Chakal	Hoşça kal
Good Bye - The person staying behind, says	Guley guley	Güle güle
See you later	gurushurush	Görüşürüz
Thank you Very Much	Tashekkür erdrim	Teşekkür ederim
You are welcome [reply]	richa erdrim	Rica ederim
Good Luck	ee şanslar	İyi şanslar
Enjoy Your Meal	Affeeyet aulsoon	Afiyet olsun
Excuse me	Afferdershiniz	Afedersiniz
Yes / No	Evet / Hayir	Evet / Hayır
How are You?	Nasilsin	Nasilsin
I am Fine Thanks	eeyyim tashekkür erdrim	İyiyim, teşekkür ederim!
Where is the Toilet?	Tuvalet nerde	Tuvalet nerede?
Please	Lutfein	lütfein
Little [I speak or I want]	Biraz	Biraz
What is your Name?	İsmın nerdir?	İsmın(ız ) nedir?
My Name is	İsmın _____	İsmım ...
Sorry (for a mistake)	Ozjur delirim	Özür dilerim!

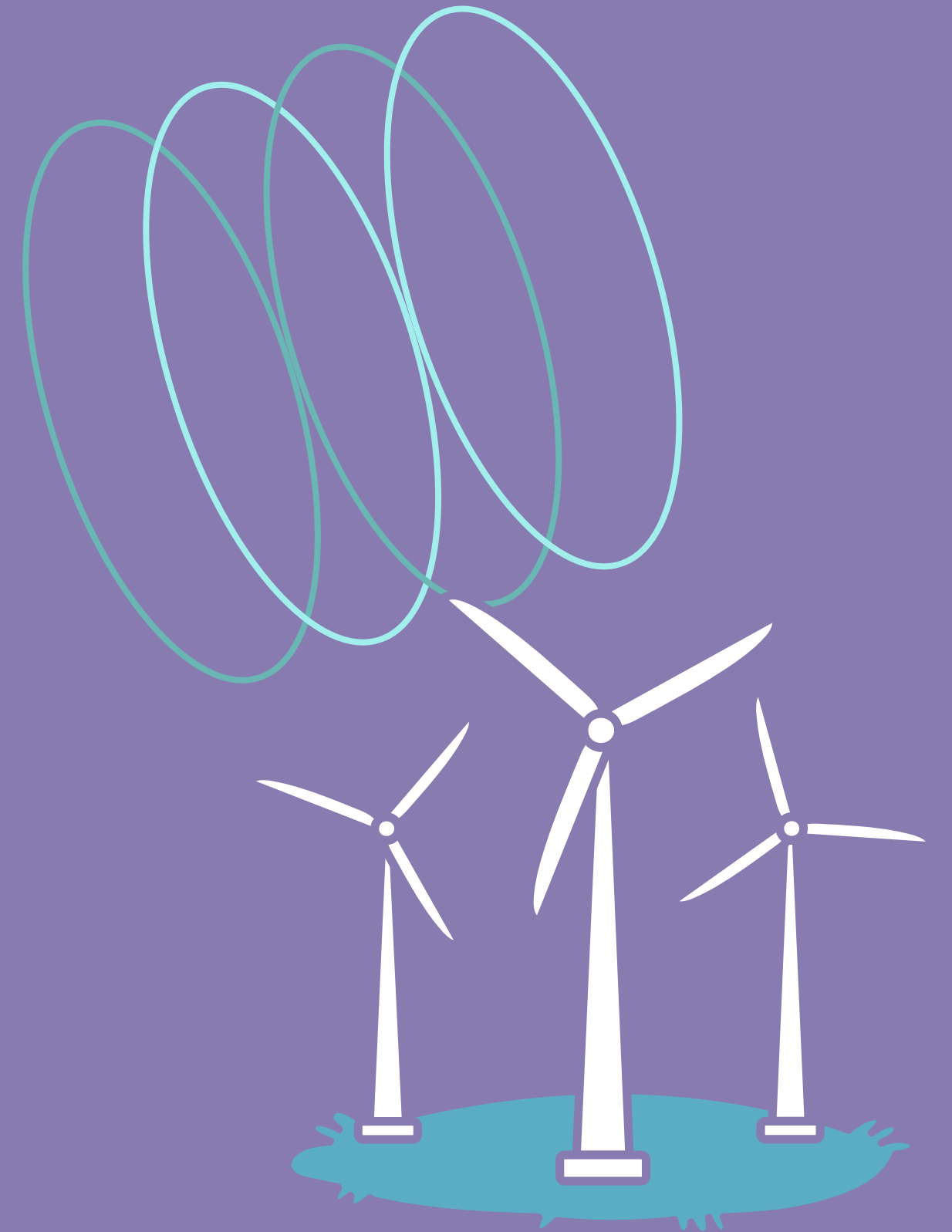


# Some International Evening Notes

**International Evening is a traditional BEST event that we all get to know other cultures and their cuisines.**

**Please bring food and drinks from your country, so that participants from all over the Europe can also experience a little taste trip to your country :)**

**If you need a kitchen or shopping for IE, please contact the organizers before the IE night.**





# Prices

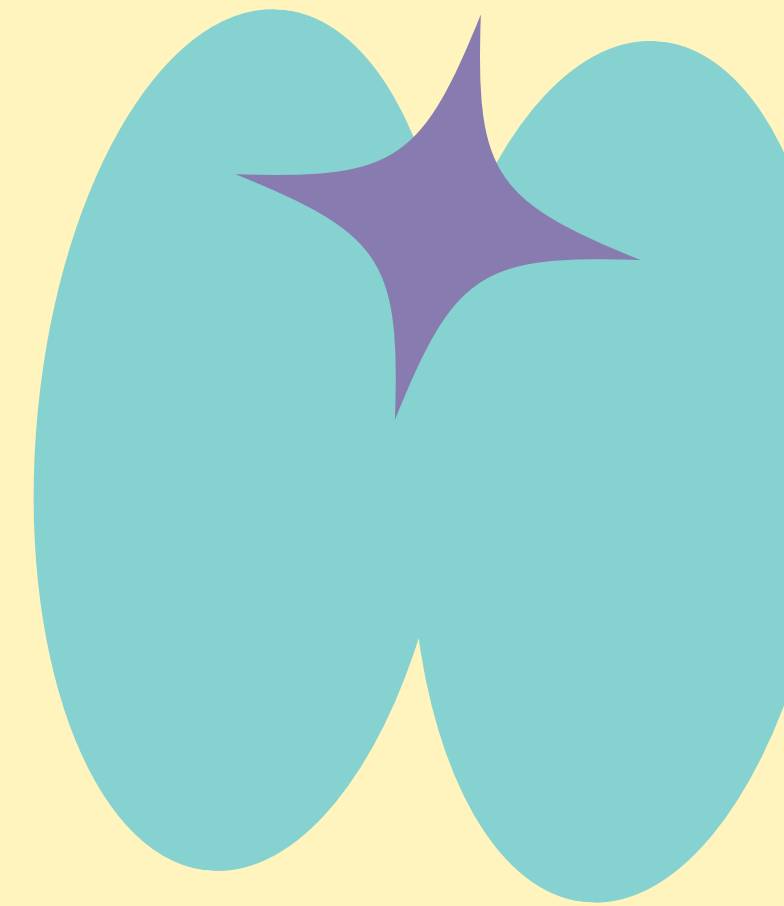
Meal, Inexpensive Restaurant	6.06 €
Meal for 2 People, Mid-range Restaurant, Three-course	24.26 €
McMeal at McDonalds (or Equivalent Combo Meal)	5.61 €
Domestic Beer (0.5 liter draught)	2.43 €
Imported Beer (0.33 liter bottle)	3.03 €
Cappuccino (regular)	2.14 €
Coke/Pepsi (0.33 liter bottle)	0.96 €
Water (0.33 liter bottle)	0.36 €

Water (1.5 liter bottle)	0.24 €
Bottle of Wine (Mid-Range)	7.58 €
Domestic Beer (0.5 liter bottle)	1.56 €
Imported Beer (0.33 liter bottle)	2.22 €
Cigarettes 20 Pack (Marlboro)	1.67 €

One-way Ticket (Local Transport)	0.45 €
Monthly Pass (Regular Price)	34.14 €
Taxi Start (Normal Tariff)	0.61 €
Taxi 1km (Normal Tariff)	0.53 €
Taxi 1hour Waiting (Normal Tariff)	4.62 €
Gasoline (1 liter)	1.12 €
Volkswagen Golf 1.4 90 KW Trendline (Or Equivalent New Car)	40,863.50 €
Toyota Corolla Sedan 1.6l 97kW Comfort (Or Equivalent New Car)	40,025.17 €

# Things That You Need To Bring While Coming To Istanbul

- Yourself (Necessarily alive)
- Participation Fee + Merchandise Fee (In cash please)
- Passport or ID
- Travel Insurance
- Some Turkish currency, ₺ for extra expenditures (You can also exchange here when you arrive)
- Personal hygiene stuff (e.g. toothbrush, soap, towel...)
- Personal medicine supplies if necessary
- Random stuff (e.g. flags, FOOD...) from your country for the International Evening.
- Comfy clothing for City Rally
- Fancy clothes (for our little red carpet) for the "OSCAR NIGHT"
- Swimsuit
- Our sockets may not match the sockets of the country you are in, please don't forget to check it from the internet and if the sockets doesn't match, you may need to bring a suitable adaptor. (For charging your phone etc.)



# CONTACT US



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